

Monday 6th January 2025

Dear Sharon

First off I wanted to reassure you that I am not sharing my conversations with you with anyone. I suddenly realised over the last few days that you might be seeing my letters in the post to Rebecca and wondering if I am talking about you. I'm not. I do not talk to Rebecca about how Ian dominates and abuses you, nor to anyone else, and nor do I plan to unless I consider your safety to be in jeopardy.

And just to say also that I have included in this letter the letter I sent to Ian last week in case you did not get the chance to read it. Ian shows no sign of acting upon my advice, and I did not expect that he would. However, I felt within him that there was the potential that he might, and so that is why I felt obligated to send him advice.

One of the things I thought I would share with you relates to the *Take on Me* mythos, and how our positions have changed since 13 years ago. See the two pictures below. The first represents our two lovers 13-16 years ago (I first met you in 2007 I think at the EF! summer camp in Cumbria). As a result of abuse and oppression my lover is buried and in a repressed state, whereas yours is much healthier. I really needed you back then to help me, but that help never came. The other image shows the situation today: now my lover is much better developed whereas it is yours that is now repressed and in a bad way due to the abuse you have received from Ian. You're the one that needs me now.



Am I saying that we are lovers? We would have been, no doubt about that. You would have loved me and I would have loved you back, and we would have gone out. We were pretty well suited. Things are different now, feelings are hurt, we are different people, you prefer monogamous relationships whereas I am more open when it comes to love, and so on, but our lovers are still there. They are still looking at each other and hoping to meet, and I think they will this year. I think our two lovers are very pure in their love, and I feel that we have a lot to say to each other and a lot of emotional therapy and healing to do. I really hope I can help get you out of your current situation with Ian, not because I hate Ian, but because I care about you Sharon, but also because I would never meet up with you as long as you are with someone like Ian. Among other things, he is also a racist. Perhaps you will be shocked and deny it outright, but Ian has always presented a very carefully manufactured facade to you, but if you look, and probe, you will easily find it.

I had a friend in Cumbria who I knew for years and hung out with, until one day, I think it was 2018 over Facebook, he messaged me and told me that ethnic people were trying to destroy the white race, and that ethnic mixing was genocide, and so on (bearing in mind I am mixed race). He was outing himself as a racist to me, and that was the last time I spoke to him. Ian is a racist like this. One of the reasons he was so keen to oust me from your life was because he does not think that

non-white people should mix with white women, and my presence always outraged him for that reason. You may think I am just making up slurs on Ian, but I am not like that. I think if you look Sharon, if you have the guts to look, you will see it for yourself, just as you are starting to see him now for the rapist thug that he is.

The last weekend saw two lunar occults. I know you don't put any stock in such things, but nonetheless they are important times when seismic archetypal shifts can occur in our lives. During one of the occultations, the one involving Neptune on Sunday 5th Jan, I saw you and Ian together. Ian had become something ugly, and radiating severe menace and threat and with a loutish air like a football hooligan, and had his arm firmly around you like a vice. You too were something ugly, and had a temperament that was sexually coarse, racist, and with an air of soul betrayal. When I saw you I immediately thought *she has betrayed me!* with some shock.

What do I infer from this? We all have our shadow, and this is yours Sharon, part of it at least. You are not conscious of these traits, neither in yourself nor in Ian, and I took from this vision the fact that this occultation was now going to raise in you a process whereby you are going to become conscious of this part of yourself. As far as I am concerned you are a good person Sharon, and so when you start to become conscious of all this you will not give in to it, but will change your ways. The light of your own consciousness will act like the rays of the sun to a puddle, and evaporate away this part of you.

That is my hope.

On the other hand, I do not share the same vision for Ian. He will not change his ways, and he will seek to control you and possess you to an ever greater and greater extent, and will radiate more and more threat and malice to do so. He will manifest his shadow – the black wolf will rise up and eat him and manifest, and if you remain with him, he will destroy you too.

The soul betrayal is the fact that a part of you betrayed me: you betrayed your love for me, and that love was soul deep, not just a minor affectation. I remember the exact occasion, though I won't relate it here due to lack of space as I want to talk about other things, but I remember it, and I remember the fact that you did not seem to be aware of what you were doing. That is, the thing I remember is that you were innocent, you were not consciously aware that you were betraying me.

I have said that before I think, that I can work with you Sharon because you are innocent, you did not consciously choose to walk this path, but rather you have been the victim of Ian's malice and control, and your own mental ill-health and childhood trauma. For Ian it is different, because he is not innocent, and that is why the black wolf is now rising up to claim a portion of his soul and to transform him into one of its own. You may decide to go down with him, but I hope not Sharon, because as I said you are innocent, and I do not believe you will sacrifice your innocence, for I believe you value it as I do. No matter how much evil has been done to me, I fight it because I do not want to lose my innocence, I think that is a very beautiful quality and people without it are ugly, horrible. I look at children and I see beauty and hope, and I love their innocence. We don't have to lose it, but many people do due to the bad things they do, and that is the version of you I saw during the lunar occultation of Neptune, the version of you who sides with Ian and betrays her own soul and does bad things, but that is not the person you have to become, but it is the person you become if you choose to continue with Ian, because by doing so you will no longer be innocent, and so you will lose the real beauty in you, the part of you that I love a great deal and would fight to protect with my life. This is why I am here Sharon, because I do not want to see you destroy yourself or to see anyone else destroy you, so I am doing my best to make sure you are fully conscious of how important this process is. I hope you will stay a good person, and not choose the path of the black wolf. Sacrificing innocence is a very, very difficult thing to undo, and the undoing of it involves a

lot of suffering because in sacrificing your innocence you have basically turned to evil, and those influences will hurt you really really badly and they will not easily let go of you (as you are finding out with Ian).

So that is the message for you that I got from the lunar occultation of Neptune (the planet of higher love). Prior to that, on Saturday the 4th Jan, was the lunar occultation of Saturn. I also got imagery about you during this occultation (and just to emphasise, it was during the actual occultation that I got both visions). This is what I saw: I saw Ian and a degraded version of you walking away from me, with Ian having his arm around you in a possessive vice-like grip of domination and control. Then I saw two lovely women chatting freely and without domination going in the other direction, and whose conversation I got a snippet of but which I will not repeat as I don't think you will want to hear it, and lastly I saw a very bad woman walking in the direction of you and Ian and who looked proper nasty.

I felt the occult was showing me how possessive Ian was, and that part of you actually liked that, you liked being possessed and controlled, and so this part of you was walking away from me and off with Ian (the Stepford wife part of you). But this is only part of you. Next were the two women, who were notable because they were very pure and still had their innocence and feminine loveliness, and the snippet of conversation suggested that there were powerful forces within you that the occult of Saturn was bringing to the surface and that you did not know about. Lastly, the nasty woman – I felt on reflection that this was part of your shadow, a part of your shadow that you were going to become conscious of as a result of the occultation and through that, to transmute. I felt this interpretation because of the snippet of conversation that I heard which suggested that a new energy was going to be felt and that this would arise due to the transmutation of a bad energy in you. Although part of you likes to be controlled and possessed, overall you are a good person (the two women), and you do not see how nasty you are becoming by allowing yourself to be controlled like this – you do not see what Ian's malice is doing to you, so in the vision the nasty woman is walking well behind you and Ian so you do not see her, you do not see this side of yourself. So that is why I think this vision was also showing me how this part of you is something you are now going to become conscious of so that you can make a proper informed choice about your path. The Stepford wife may like being controlled and dominated, but will you still like it when you realise what it is doing to you and just how ugly you are becoming? (I recall here the Oscar Wilde play *The Picture of Dorian Gray*.) The two women suggest that once you realise this there are powerful feminine forces within you that will come to the fore and take you in the other direction.

So the two visions are very similar, and I got them on consecutive days during the period of the occult itself (which in both cases lasted for about 1.5hrs). Saturn, by the way, which was the first planet occulted, relates to control and domination among other things, and especially patriarchal domination and control, so this was significant. Neptune as I said relates to the spiritual path and also to higher love, which in our case equates to our two lovers (which does not necessarily mean girlfriend/boyfriend, the lovers are a tarot card that symbolises a lot of things) and also the activism that we can bring into the world and the good it can do.

Remember a few letters ago that I shared with you that beautiful song, *Creating A Dream*? As souls we dreamed beautiful dreams together, and we came into the world, you female, me male. As our lives manifested we would have brought those dreams to life, but the dark forces have blocked and destroyed that, at least up until now. We can still manifest those dreams, they are still alive, but you have to let go of Ian Sharon and realise that it is time to walk away from that life and never look back. Do it for the beauty in you, to protect your own innocence, to protest what Ian and the forces he represents have done to you, and to help create a better world and bring something beautiful into it, something that the world desperately needs. We can help a lot of people Sharon, we can do that.

You're not doing that with Seeds nor with your Stepford wife life but you will do that with me and by leaving Ian.

And again, I am not saying that we are going to be boyfriend-girlfriend, I do not know what we will be, though I know for sure that our connection will blossom and grow, but I do know that there is a dream waiting to unfurl and that it is a beautiful one that will bring a lot of goodness and healing into the world and help a lot of people and that as souls, this is what we came into the world to accomplish. You did not come into the world to meet Ian, that was the work of dark forces, and that has totally blocked your life.

And yes, I know that you love or loved Ian and that you may think you lived the dream with him, but you didn't. You lived my dream with him, a dream that was stolen from me, a love that was stolen from me, and that was torn from my heart when I was a child. That was the life you have lived with Ian, you and he lived my dream. Now I have undone that black magic, and the world around me is in the process of restoring itself, but everything has changed, and people now are different and so have to make new choices. I hope you choose life and innocence, and not the black wolf.

And I can say these things to you Sharon because I know you will understand them and know exactly what I mean, and recognise that it is true. I heard you say this week: *I'm supposed to be with Sonny, Ian has got me*. So you are becoming aware of this at some level. But I also know that you feel intense internal conflicts, and these will take time to resolve, as will the awareness of your situation that is now arising in you.

Because of the dreams that were torn from my heart when I was a child, I know exactly how deep the malevolence in Ian is. That malevolence is as deep as the malevolence that was done to me as a child and that tore my life's dreams from my heart and handed them out to the bad people in the world, people like Ian. That malevolence killed my mother and father and turned them on me, breaking my heart and tearing from it the dreams and love that these malignant people so coveted for themselves, but were unwilling to do the spiritual work to earn. That is Ian, Sharon, a true and genuine monster. It is Ian that has now been occulted. What the malevolence in him stole from me is being returned, and this is why he is being revealed as he is no longer masked by my stolen energy. He is a racist and a rapist authoritarian thug. That is the face that lies behind the mask he wore.

One last thing I want to mention in this letter. I remember once when I spent that year volunteering in the Seeds office with you and Rebecca having a conversation with you about veganism. You were talking about why you were vegan and I was talking about why I wasn't. I think you were getting a bit frustrated with me, because I have lots of facts and figures but you don't, yet you felt strongly at an intuitive level that it was the right thing to do, and eventually you said that you felt it was human evolution, that we can choose, and that veganism is the higher path of human evolution. It was a powerful argument that won the day, at least with me, and I remember you seeing that and feeling very happy with yourself, which I thought was cute. Anyhow you are in this situation now Sharon, a crossroads situation where you choose your path of human evolution, and what branch of that tree you take. Liberty and the path of loving free spirits, or the path of domination, aggression and control.

The other thing about veganism and the path of human evolution, is that due to animal farming the land has been dominated, deforested, polluted, fenced off and controlled. The animals and biodiversity of the earth has been butchered, and our movements severely restricted. Exactly the same is true for relationships. Relationships today are fenced off like the land by corporate units each headed by a domineering patriarch and an obedient Stepford wife. The natural biodiversity of

human relationships has been destroyed, womens bodies have been butchered and polluted by patriarchal 'dickheads' and communities are forced to live with domineering men who think they can tell everyone what to do. This is the origin of all authoritarian systems, it begins with the corporate relationship headed by a patriarchal thug, but that is not the natural state of affairs. There is a more natural state of affairs where relationships are not fenced off and people do not kowtow to patriarchs and thugs, but live as free spirits.

I hope you choose that world Sharon, it's the better world and you know it, so choose it, live it, and fight for it.

Love and solidarity,

Sonny x

Her narrative to me about veganism and evolution. The way that the land is fenced off, and the way human relationships are fenced off. Changing that is also human evolution. This is your path of higher love, your spiritual evolution. It should have happened 12 years ago but Ian fenced you off and brutalised you against your will, now the repressed part of you is surfacing and bringing with it this consciousness, and that is why you see Ian as he really is, because now you can face up to him – this is the higher part of you he sought to destroy.